

Gourmondo Weekly Lunch Menu

Summer 2025

Please choose one lunch option for the week.

*Gluten free and allergen-free options available upon request.

**Lunch order must be submitted two week before camp start date.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
STANDARD	<p>Roasted Turkey Sliders</p> <p>A duo of sliders with roasted sliced turkey, cheddar cheese, and lettuce (mayo & mustard packets on the side). Includes potato chips, fruit cup, and chocolate chip cookie.</p>	<p>Soba Noodle Salad</p> <p>Soy-ginger soba noodles with snap peas, scallions, cilantro, and julienned carrots. Includes steamed edamame pods and a Japanese butter cookie.</p>	<p>Teriyaki Chicken Cup</p> <p>Teriyaki grilled chicken, sauteed cabbage, sweet pickled carrot, Mandarin oranges, and edamame. Includes potato chips, fruit cup, and a matcha cookie.</p>	<p>Turkey Pinwheel Roll-Ups</p> <p>A duo of tortilla wraps with turkey, cream cheese, sliced cheddar, and lettuce. Includes potato chips, baby carrots, and a chocolate chip cookie.</p>	<p>Classic Chicken Strips</p> <p>Chicken strips with ranch and ketchup. Includes potato chips and a chocolate chip cookie.</p>
VEGETARIAN	<p>Caprese Slider</p> <p>A duo of sliders with roma tomatoes, fresh whole milk mozzarella, fresh basil, and basil aioli on sliced bread. Includes potato chips, fruit cup, and chocolate chip cookie.</p>	<p>Vermicelli Noodle Salad</p> <p>Soy-ginger rice noodles, with snap peas, scallions, cilantro, and julienned carrots. Includes steamed edamame pods and a Japanese butter cookie.</p>	<p>Teriyaki Goma Cup</p> <p>Sauteed spinach, sauteed cabbage, sweet pickled carrot, Mandarin oranges, and edamame. Includes potato chips, fruit cup, and a chocolate chip cookie.</p>	<p>Veggie Pinwheel Roll-Ups</p> <p>A duo of tortilla wraps with bell peppers, cream cheese, sliced cheddar, and lettuce. Includes potato chips, baby carrots, and a chocolate chip cookie.</p>	<p>Grilled Tofu Strips</p> <p>Grilled tofu wedges with vegetarian ketchup. Includes potato chips and a <u>gluten free, vegan</u> cookie.</p>
ALLERGEN-FRIENDLY	<p>Turkey Snack Tray</p> <p>Turkey snack tray, chips, fruit cup, 'That's It' bar.</p>	<p>Rice Noodle Salad</p> <p>Rice noodle salad with carrots, cilantro, snap peas, and scallions. Includes cucumber salad, fruit cup, and a <u>gluten free, vegan</u> cookie.</p>	<p>Grilled Chicken Cup</p> <p>Grilled chicken with sauteed cabbage, sweet pickled carrot, and pineapple. Includes chips, fruit cup, and 'That's It' bar.</p>	<p>Veggies with Guacamole</p> <p>Cucumber, tomatoes, cauliflower, and carrots with guacamole. Includes chips, baby carrots, and 'That's It' bar.</p>	<p>Grilled Chicken Strips</p> <p>Grilled chicken strips with ketchup cups, 'Hippeas' chips, and a <u>gluten free, vegan</u> cookie.</p>

Egg free, gluten free, shellfish free, sesame free, nut free, fish free, dairy free, and soy free.