

**Pacific Science Center
Camp Health and Safety Policy**

Sick Camper Procedure

Disqualifying Circumstances. Sick campers may not attend camp. If a camper develops a symptom of respiratory virus during the camp day that is not explained by another cause documented in CampDoc, they will be moved out of their camp group until an authorized adult can pick them up. **If any of the below circumstances is true for a camper, that camper is required to stay home from camp:**

- In the past 24 hours, the camper has reported or exhibited any of the following new or worsening symptoms that is not explained by another cause documented in CampDoc:
 - A fever of 100.4°F or higher, or chills
 - A cough
 - Fatigue or weakness
 - Runny/stuffy nose or sneezing
 - Headache
 - Wheezing or chest discomfort
 - A sore throat
 - New loss of taste or smell
 - Muscle or body aches
 - Nausea/vomiting/diarrhea
 - Decrease in appetite
- The camper has taken medication to reduce a fever within 24 hours prior to coming to camp
- The camper has a transmissible illness (e.g. chicken pox, strep throat, pink eye, etc.) and has not been treated with antibiotics for at least 24 hours (when applicable) or cleared by a doctor to return to normal activities.

Any camper with a rash must fully cover the rash with bandage or gauze during camp.

Camp after illness. A camper who exhibits or reports one or more symptom of a respiratory virus or tests positive for a respiratory virus may come to camp after both of the following are true for a full 24 hours:

1. Symptoms overall are improving.
2. The camper has not had a fever and is not using fever-reducing medication.

For the next five (5) full days after an illness campers should take additional precautions, especially if they are continuing to exhibit symptoms such as coughing or sneezing. Additional precautions may include masking, additional hygiene measures, physical distancing, or testing for specific respiratory viruses.

If a camper is coming to camp after symptoms improve but again develops a fever or starts to feel worse, they must leave camp and stay home for an additional 24 hours after symptoms begin to improve and fever is absent.

Health and Safety at Camp

Medication at camp. If your camper requires or may require (i.e. inhaler, epi-pen, insulin) medication during the camp day, the medication must be added in CampDoc with proper instructions, and all medication must be provided to camp staff in the original container with medical label prescription and instructions attached. All

medication must be ready for use. No professionally trained medical providers are located at our camp locations. Camp staff are trained in basic first aid and illness familiarity. As such, camp staff are unable to mix, combine, or otherwise prepare or administer any medications for campers. No medications of any kind except for those supplied by the camper's family with proper documentation in CampDoc will be provided by camp staff to campers or their guardians.

Nut-free environment. To ensure the safety of our campers we maintain a nut-free camp environment at every camp location. All food and materials provided by camp are peanut and tree nut-free. Please do not send food or snacks containing nuts to camp with your camper.

Sunscreen and insect repellent. At all camp locations, campers will participate in activities outdoors for some part of the camp day. It is strongly recommended that you apply sunscreen and/or insect repellent to your camper prior to camp each day. At the Mercer Slough location, a limited amount of DEET-free insect repellent is available for camper use. Camp staff are not able to apply either insect repellent or sunscreen for campers. If you would like to send your camper to camp with their own sunscreen or insect repellent, it must be added as a medication in CampDoc, and the camper must be able to safely dispense and apply it on their own.

Toileting expectations for camp. In order to support camper participation and privacy, we require all campers to be fully bathroom independent during camp. Campers must be able to ask to use and go to the bathroom independently. Diapers and pull-ups are not permitted. In the event of a toileting accident, the camper must be able to undress and dress themselves without adult assistance. If repeated toileting accidents occur, the camper will be sent home from camp with no refund provided and will be disqualified from future camp sessions in the camp season with no refund.

Grade alignment exceptions. For the wellbeing of all our campers, and to ensure that camps meet the grade-level needs of the campers registered for them, all campers must be enrolled in camp sessions aligned with their appropriate grade range. No exceptions will be made to this for any reason including visiting from a location outside of Washington State or attending camp with friends or siblings. Registrations made for camps not aligning with the proper grade will be cancelled with no refund. If your camper has a disability requiring accommodation, please contact camps@pacsci.org for assistance in determining an appropriate placement for your camper. *Note that if your camper attends school or other camps with an aide, we strongly recommend that you provide the same supports during camp to ensure comfort and success.*

Closed-toe shoes. Campers will engage in various types of activities during camp that can include but are not limited to walking, hiking, climbing, jumping, cooking, working with chemicals, and using tools. Due to these activities, we strongly recommend that campers wear properly fitted, closed-toe shoes throughout camp to reduce the risk of injury and allow them to participate to the best of their abilities. In camps involving significant outdoor activities, chemical use, hazardous tool use, or cooking, campers are required to wear properly fitted, closed-toe shoes appropriate to the activity.

Certification and Acknowledgement of Policy

I am the parent or legal guardian with responsibility for the minor enrolled in camp. I am in receipt of the Health and Safety Policy and I have read it in full, understand it completely, and agree to follow this policy in its entirety.

Each day by bringing my camper to camp, I attest that they have not exhibited or reported any disqualifying symptoms or circumstances prior to camp. I understand that if my camper exhibits or reports a symptom during camp, they will be moved out of the camp group until they can be picked up, and they will not be eligible to

return to camp for at least 24 hours. I understand that I am not eligible for any refund if my camper is sent home from camp due to illness or if they miss camp due to illness. I acknowledge that this policy is subject to change at any time with little or no prior notice based on new guidance from federal, state, or local public health entities.